

"C"

SAFETY

"C"

The Safety Card or "C" Card

The Safety Card, or "C" Card, is available for young people to get quick and easy access to condoms. The C card is issued to young people after they have sat down with a worker who is trained to issue the card. The worker goes through the process with the young people, teaching them a variety of things including...

- How to put a condom on correctly
- What to look for on the condom packet before using it
- How to open the condom packet correctly
- How to dispose of condoms
- The different flavours and sizes available as well as different types such as female condoms and dams
- The things to watch out for when handling condoms, such as chip fat

... and an overall general discussion about condoms, possible places to get them from, sexually transmitted diseases, staying safe and so on.

After this process is understood by the young person, the worker is able to issue the C card along with a personal number and a bag of mixed condoms. The young person is required to show his/her card or just to give their personal number in order to get condoms free, easily and confidentially.

I think the safety card is going very well... it is useful for young people to get access to condoms without hassle and it is a fun way to learn whilst going through the process to get the card.

I feel the safety card is benefiting young people a lot, helping to keep them safe and healthy and most importantly reducing the teenage pregnancy rate.

As a peer educator I think young people are more likely to come to me, as a young volunteer, than go to a qualified youth worker. This is because I am more of their age group, so I think they would feel more comfortable coming to me. From experience, when issuing the safety card, young people ask me for advice and what I think of certain things, wanting to know opinions from another young persons perspective.

Marie Biston - Peer Educator

"C"

SAFETY

"C"